



The Rites of Passage



The Talk...

Your child is getting ready to go through huge **transitions** on his/her **journey** to becoming a young adult.

Our classes have been created to help parents find the right words for those conversations that have historically been thought of as challenging and to eliminate the myth that these conversations are difficult to have. New subjects are introduced in a fun and informative way while also helping parents and children be able to easily continue these conversations long after the classes have ended.

TRANSITIONS & JOURNEYS Topics include:

- Puberty (for girls and boys)
- Understanding the female & male reproductive systems
- Body Care
- Menstruation
- Reproduction
- Body Image/Self Esteem
- Personal Space/Relationships

Cost for 2 classes (girls 10-12 years, boys 11-13 years):

\$140 Parent/1 Child
\$210 Parent/2 Children

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